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Om Gam Ganapataye Namaha

Ganesha Sharanam

(Voor het verwijderen van obstakels, voor de start van projecten, bescherming op reis)

~

De Gayatri mantra

Om Bhur Bhuvaha Svaha

Tat Savitur Varenyam

Bhargo Devasya Dhimahi

Dhiyo Yonah Prachodayat

Ohm Shanti

(De Gayatri mantra: Krachtige mantra geheel gewijd aan Licht)

~

De Adi mantra (Ong namo)

Ong namo Gurudev namo

(Ik maak mezelf ontvankelijk voor de eindeloze creatieve energie/ Ik buig voor de goddelijke leraar in mezelf)

Ohm mani padme uhm

(Ik eer de parel in de lotus)

~

Hey Hey Govinda, Hey Hey Gopala

Hey Vasudeva, Hey Nityananda

Shri Radhe Radhe Radhe, Radhe Radhe Radhe Shama

(Mantra voor de liefde in jezelf)

~

De Maha Mantra (Hare Krishna)

Deel 1

Hare Krishna Hare Krishna Krishna Krishna Hare Hare

Hare Rama Hare Rama Rama Rama Hare Hare

Deel 2

Hey Govinda, Hey Gopala

Vasudeva, Nityananda

(Om het pure bewustzijn te doen herleven)

~

Lokah Samastah Sukhino Bhavantu

('Mogen alle wezens in alle werelden gelukkig zijn en vrij, mogen mijn gedachten, woorden en daden een bijdrage leveren aan geluk en vrijheid voor allen')

~

Shiva Shambo

Shiva Shiva Shiva Shambo, Shiva Shiva Shiva Shambo

Maha Deva Shambo, Maha Deva Shambo

(Voor vreugde, het wegnemen van lijden en onwetendheid)

~

Sat Kartar

(Voor het openen van je hart)

~

Prana Apana

Sushumna Hari

Hari har, hari har, hari har, hari

(Brengt de energie via de ruggengraat omhoog voor heling)

~

**Ra Ma Da Sa
Sa Se So Hung**

(Heling voor jezelf en anderen)

~

**Shri Ram Jay Ram
Jay Jay Ram
Sita Ram Sita Ram Sita Ram Sita Ram**

(Het in balans brengen van het vrouwelijke en het mannelijke)

~

**Om Namah Shivaaya
Shivaaya namaha, Shivaaya namah om
Shivaaya namaha, namaha Shivaaya
Shambo Shankara namah Shivaaya,
Girijaa Shankara namah Shivaaya
Arunaachala Shiva namah Shivaaya**

(Maakt ruimte voor het nieuwe)

~

Sa Ta Na Ma
(Om jezelf te veranderen en je gewoontes te doorbreken)

Om Asatoma

**Om Asatoma satgamaya
Tamasoma iyotir gamaya
Mrityorma amritam gamaya**

(Take us from the false to the truth. From darkness to light. And from poison to nectar)

~

Ohm benza satto hung

(Mantra voor zuivering)

~

Moola Mantra

Om Satchitananda Parabrahma

Purushothama Paramatma

Sri Bhagavati Sametha

Sri Bhagavate Namaha

Hari om tat sat, Hari om tat sat, Hari om tat sat, Hari om tat sat

(Een mantra die het aardse met het hemelse verbindt en diepe innerlijke vrede,
vreugde en heling brengt)

~

I am

~

**Tumare Darshan
Ki bela
Ye mausam ras rachane ka
Liye ullas ki sanse
Samai masti me jine ka**

**(The season has arrived where I will finally see you and dance with you. With the
breathing in of joy, it is time to live in bliss)**

~

**Sita Ram
Jay Jay Ram**

(Het in balans brengen van het vrouwelijke en het mannelijke)

~

**Om Gam Ganapataye Namaha 2x
Ganesha Sharenam 2x
Om Ganesha
Om Ganapati 2x**

**(Voor het verwijderen van obstakels, voor de start van projecten, bescherming op
reis)**

I Choose to Live in Love (Lakshmi mantra)

I sing like the birds,
I grow like the trees,
I choose to live in love,
I am joy I am ease.

Om Sri Lakshmi Mahadevi Namaha

I choose no more fear,
I choose no more shame,
I choose to live in love,
I am light I am grace.

Om Sri Lakshmi Mahadevi Namaha

**Om Sri Lakshmi Namaha,
Sri Lakshmi Namaha,
Sri Lakshmi Namaha**

Ohm

**I walk softly on this earth,
in the light of God's name**

Earth, Air, Fire, Water

Earth carry me

Air breath me

Fire inflame me

Water heal me

Yeha Noha

**(elementen in jezelf in balans brengen & wensen van geluk en
voorspoed)**

Mother I feel you

**Mother I feel you under my feet,
Mother I hear your heartbeat
Mother I feel you under my feet,
Mother I hear your heartbeat**

**heya heya heya yah heya heya ho
heya heya heya heya heya ho**

2x

**Mother I hear you in the River song,
eternal waters flowing on and on.
Mother I hear you in the River song,
eternal waters flowing on and on**

**heya heya heya yah heya heya ho
heya heya heya heya heya ho**

**Father I see you when the Eagle flies,
Light of the Spirit going to take us higher.
Father I see you when the Eagle flies,
Light of the Spirit going to take us higher.**

**heya heya heya yah heya heya ho
heya heya heya heya heya ho**

**Mother I feel you under my feet,
Mother I hear your heartbeat
Mother I feel you under my feet,
Mother I hear your heartbeat**

Hare Mahadeva

Hare hare hare hare Mahadeva (2x)

Shiva Shiva Shiva Shiva Sadashiva (2x)

(Om) hare hare hare hare Mahadeva (4x)

[Refrein]

Om namo namo namah Shivaya (4x)

2x

**Brahma, Vishnu, surarchithaya
Om namo namo namah Shivaya
Brahma, Vishnu, surarchithaya
Om namo namo namah Shivaya**

**Uma, Ganesh, Sharavana, Sevita
Om namo namo namah Shivaya
Uma, Ganesh, Sharavana, Sevita
Om namo namo namah Shivaya**

Haseya

I am the river of life, I am the keeper of this dream

Walk with me I'll tell you a thousand stories

Long ago given to the earth

These mountains tall, They are my only walls

In this temple where I bow

Haseya

Rise up, my sisters, rise up

We are the water, the sacred cup

It's in our hands that all life grows

It's in your dance, it's in your hands

It's in your love we rise above, It's in your song I hear my soul

So rise up, my sisters, rise up

Let us lift each other up, Sing it from your heart and from your soul

Haseya

Sun and moon they shine together

She moves the waters and dances with the heavens

In your eyes I see Haseya rise

In your eyes I see the giver of this life

Blessed we are

Blessed we are to dance on this ground

With the rhythm of saints to carry the sound

We hold a prayer for the Earth, for the ones yet to come

May you walk in beauty and remember your song

Blessed we are to dance on this ground

With the rhythm of saints to carry the sound

We hold a prayer for all life, for the days yet to come

May you walk in beauty and remember your song

Remember why you came here, Remember your life is sacred

Remember why you came here, Remember your life is sacred

Agua de Estrellas

**En tus ojos de agua infinita
Se bañan las estrellitas mamá
En tus ojos de agua infinita
Se bañan las estrellitas mamá**

**Agua de luz, agua de estrellas
Pachamama vienes del cielo
Agua de luz, agua de estrellas
Pachamama vienes del cielo**

**Limpia, limpia, limpia corazón, agua brillante
Sana, sana, sana corazón, agua bendita
Calma, calma, calma corazón, agua del cielo, mama (2x)**

**Pachamama, Pachamama
Madre Tierra, Pachamama**

Translation

**In your infinite eyes of water
the stars are bathing, mother**

**water of light, water of stars
Pachamama you come from heaven**

**Cleanse, cleanse, cleanse the heart, brilliant water
Heal, heal, heal the heart, blessed water
Calm, calm, calm the heart, water from heaven, mother**